

Women's Problem Gambling Recovery Program

For many women, addictions become a coping strategy for dealing with the violence in their lives. Alarmingly, Alice Housing has witnessed an increase in women harmfully involved with problem gambling in recent years. Unfortunately, there are only 1 or 2 support groups for female gamblers in our community. although the need for such services steadily increases over time In recognition of this gap in services, Alice Housing offers the Women's Problem Gambling Recovery Program for current and past tenants.

- Activities include:
- A series of group setting modules on the issues that contribute and surround problem gambling in the experiences of women.
- Monthly support meetings for current and past tenants of Alice Housing.
- One-on-one counselling sessions addressing the correlation between domestic abuse and problem gambling.