

## Hear from the Women

"Alice House saved my life. I don't know how else to say it."

"Now that I have a safe place to come home to, I will never let myself live another way."

"Alice House reminded me that I matter. I am part of a bigger community that cares about women and families."



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[www.alicehouse.ca](http://www.alicehouse.ca)

## About Alice House

Incorporated in November 1982, Alice House was the second project of its kind to be established in Canada. At the time, alternative housing for women was only available for a maximum of six weeks. The Halifax Transition House Association Board formed Alice House to help women transition from an emergency shelter to a permanent home and independence.

Over the decades, Alice House has gained valuable knowledge about the variety and complexity of needs confronted by women as they heal from abuse. One thing we know for sure: the survival of Alice House depends on support from the community. To get involved, please visit our website.

ALICE HOUSE

P.O. Box 333, Dartmouth, Nova Scotia, B2Y 3Y5

902-466-8457

[livesafe@alicehouse.ca](mailto:livesafe@alicehouse.ca)

[www.alicehouse.ca](http://www.alicehouse.ca)

Charitable Registration # 11929 8693 RR0001



COURAGE · SAFETY · OPPORTUNITY



Alice House provides opportunities for women and their children to create a life free from intimate partner violence by offering safe housing, counselling, and support services.



COURAGE · SAFETY · OPPORTUNITY

## The Problem

Intimate partner violence is behaviour by an intimate or ex-partner that causes physical, sexual, emotional, financial, social, or spiritual harm.

- \* 2,462 Nova Scotians a year are abused by an intimate partner.<sup>1</sup>
- \* 4 in 5 victims of intimate partner violence are women.<sup>2</sup>
- \* 67% of Canadians know at least one woman who has experienced physical or sexual abuse.<sup>3</sup>



Physical and emotional healing requires *time* and *support* in a safe, stable environment. Many women cannot escape abuse because they have no place to go.

## Our Solution

### Housing

We have 18 self-contained apartment units and townhouses located across HRM.

### Counselling

Our women's counselling program explores trauma and the cycle of violence.

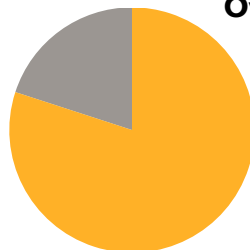
We also offer counselling for children and youth in our *Healing Hearts* program.

### Education

Preventing violence before it begins is key. We offer presentations, workshops, and a one day certificate program.

## You Can Help

Your donation is guaranteed to help families make sure that intimate partner violence does not frame their future or define their legacy.



**Over 80¢ of every dollar goes directly to programming.**

In 2009, Alice House won the Ethics Award from the Better Business Bureau.

## Help unlock the door to safety. Donate today.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Tel: \_\_\_\_\_

Email: \_\_\_\_\_

Email receipt       Mail receipt

Please make cheques payable to Alice House.

Cheque       VISA       MasterCard

**Contribution: \$** \_\_\_\_\_

Card #: \_\_\_\_\_

Expiry (MM/YY): \_\_\_\_\_

Signature: \_\_\_\_\_

Mail to: Alice House, P.O. Box 333 Stn Main, Dartmouth, Nova Scotia, B2Y 3Y5, Canada. A charitable tax receipt will be issued after payment is received. Thank you for your generosity.

Donate online today at:

[www.alicehouse.ca/donate](http://www.alicehouse.ca/donate)